



LIFE Learning Journey

Key stage 4

Our Life curriculum is enhanced through our form time and assemblies schedule. Together they cover our PD key themes:

- 1. Our Values, Character and Identity;
- 2. Being Healthy and Safe;
- 3. Being Respectful;
- 4. Being RE informed Citizens
- 5. Being successful in the future



Post 16

- What does it mean to be a parent?
- **Unplanned pregnancies**
- Infertility and adoption

- How have families changed in the last century?
- What is marriage in the UK, and is forced marriage illegal in the UK?
- What happens when a marriage breaks down?

Families

- What makes a relationship unhealthy?
- Can I recognise and respond to domestic violence?
- Unhealthy relationships: how do I respond and seek help?

Protecting my health

- How do I access NHS services?
- What are the warning signs of cancer?
- Why is screening important?
- Why is binge drinking so dangerous?

- Basic first aid skills.
- How to deal with bleeding, choking, chest pain and injuries

- What identities exist?
- How can we use the correct language around sex and gender?
- What are my values?
- How do I manage unwanted attention?

Communication and relationships

- Preparing for mock interviews
- Finance for adult life – Understanding & managing debt, mortgages, tax & National Insurance

- What are the post-16 pathways & providers?
- CVs and applications for post-16

Next steps

YEAR

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Emotional wellbeing

- Mental health and ill health
- How can I have positive body image?
- Recognising self-harm, including eating disorders, and where to get help?
- How do I manage stress and build resilience?
- How can I develop my exam coping strategies?
- Why is sleep essential for wellbeing?

Respect and consent in sexual relationships

- What do I know about contraception?
- Pregnancy and miscarriage
- Abortion in the US (Roe v. Wade)
- IVF and surrogacy
- Genetic testing
- Saviour siblings

Evil and suffering

- How can we respond to evil and suffering?
- Is there life beyond death?
- Should the UK change its laws on euthanasia?
- Can you fight without violence?
- What is the purpose of punishment?
- What is worth fighting for?

- Consent in sexual relationships
- What do healthy relationships look like?
- **Is pornography wrong?**
- Sharing sexual images: what is the law?
- How do we respond to sexual images?
- Unhealthy relationships: where to seek help

Family ethics and contraception

- Was Shamima Begum unfairly treated by the UK government?
- How do we recognise and respond to CSE?

- How can we effectively manage our online presence?

YEAR

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- How can I respond assertively to peer pressure?
- **What is the impact and influence of gangs?**
- How can we handle peer pressure surrounding drugs?
- Examining knife crime
- Extremism and radicalisation: what's the difference?

Exploring Influence

- What are the essential skills for post-16 education and employment?
- Post-16 pathways and providers
- Understanding the local labour market

The world of work

