

Community Counselling

Local, unique, life-changing

What is Community Counselling?



- Support for pupils aged 9-16 with mild to moderate levels of emotional and psychological distress.
- It is completely free!

Why might my child need counselling?



They may have:

- Anxiety
- Mild Generalised Anxiety Disorder
- Panic attacks
- Bereavement
- Depression (mild/moderate)
- Self-esteem issues
- Anger issues (mild/moderate)
- OCD (mild/moderate)
- Autism
- ADHD
- PTSD

Where are the sessions?

- 1-1 sessions will be held at The Street.



- Group sessions will be held at school.



How do we refer?

- Arrange a chat with Miss Tymon (The SENDCo) on 01723 374 244. She is happy to help!
- Refer directly online:

www.community-counselling.org.uk/children-s-service-referral-form